

Malaysia Best-Selling Magazine of 2019

# WANDERLUST

TRAVEL | FOOD | CULTURE | HISTORY

August 2019 | Issue 130 | Vol 19

**TOP NEWS**

PRINCE WILLIAM AND KATE MIDDLETON  
EXPLORE DANUM VALLEY

**FREE TRAVEL  
QUOTE & PROMOTION  
BAUCER  
TRAVEL 50%**

## *A sense of* **adventure** *Sabah*

Could you take a travel to learn about  
historical building and culture in Sabah ?

### PLUS

- ✦ Apps to install for travelling
- ✦ Tips & trick for fixed budget
- ✦ You must travel ? Reason Why
- ✦ Travelling with infant

**ENJOY YOUR  
HOLIDAY!**

*At Mataking Island*

**THE WORLD'S 10 BEST PLACES  
TO VACATION ON A BUDGET**

**IS IT NECESSARY?  
BEAUTY ESSENTIALS  
FOR MEN & WOMEN**

# The Creation of Wanderlust

A tourism magazine  
of modesty  
& informative

**T**his magazine was created to expose about the cultures, trends, places & travelling inspiration to the people. The definition of Wanderlust is the wish to travel far away and to many different places. Wanderlust is the Malaysia's leading independent travel magazine, delivering inspiration and advice to travellers seeking unique, interactive & enriching travel experiences.

**W**anderlust covers destinations near and far and combines in-depth practical information with breathtaking photography and award-winning editorial. The contents are written by leading travel writers giving you plenty of ideas, itineraries and practical information to plan your next trip.

#WanderlustTravelDream

“To give our best in providing new updates & knowledge of tourism to Wanderlust’s readers and supporters. Ensuring the development of travel agencies in **Malaysia to international level.**

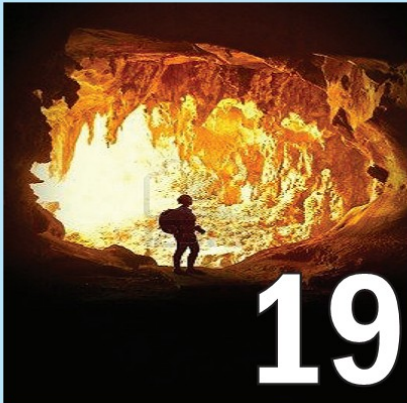
Without the creativity, teamworks, brilliant ideas & courages from all the staff of CBB Publisher, this masterpiece can’t be done perfectly. Special thanks to every agencies and researchers for giving the latest information of tourism everyday.”



Datin Dr. Nurul Alin Aqilah  
The CEO of CBB Publisher

# CONTENTS

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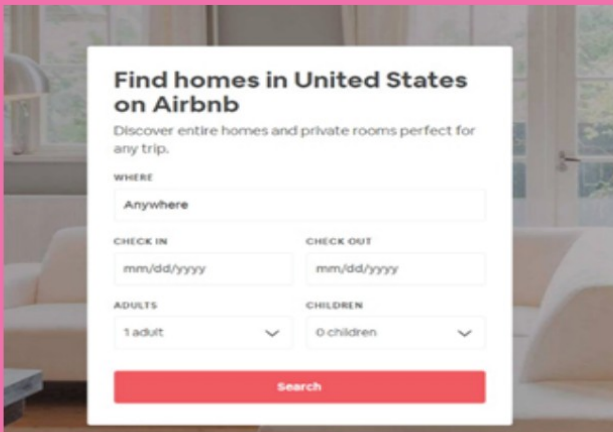


Apps for travelling	01 - 02
Famous traveller	03 - 04
Budget travel: Tips & tricks	05 - 16
Beauty Essentials	07 - 08
Vacation On A Budget	09 - 10
Food-Hunting in Malaysia	11 - 12
Wanderlust Travel Quotes	13 - 14
Promotion Lucky Travel	15
Sabah: Matakang Island	16 - 17
Madai Batarong Caves	18 - 19
Singnall Hill Observatory Platform	20
Monsapiad Cultural Village	21 - 22
Danau Valley Conservation Area	23 - 24
You Must Travel ? The Reasons	25 - 29
Travelling With Infant	30

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# Best apps to use when TRAVELLING

*"It makes everything easier, take lesser times and very convenient to use by people around the world just in one click."  
- Founder of Traveloka*

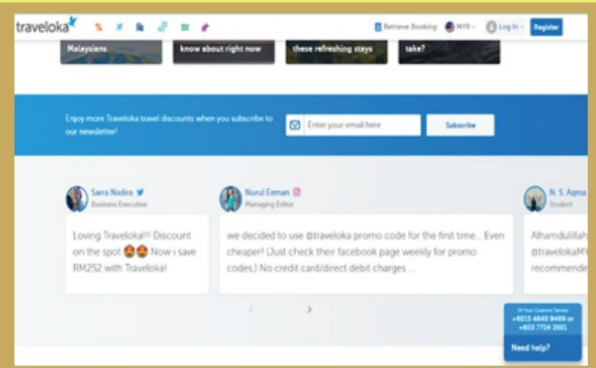


## 1 AIR BNB

AIR BnB Inc. is a privately held global company headquartered in San Francisco that operates an online marketplace and hospitality service which is accessible via its websites and mobile apps. Members can use the service to arrange or offer lodging, primarily homestays, or tourism experiences.

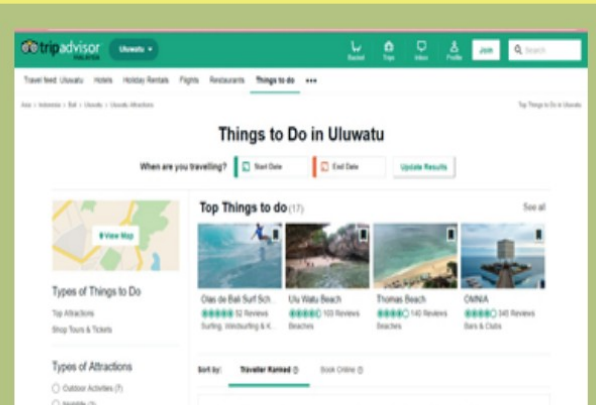


Available in  
G o o g l e  
Playstore  
and  
App Store  
FOR FREE



## 2 TRAVELOKA

Traveloka is an Indonesian unicorn company that provides airline ticketing and hotel booking services online with the focus on domestic travel. It recently expanded to provide lifestyle products and services, such as car rental and restaurant vouchers.



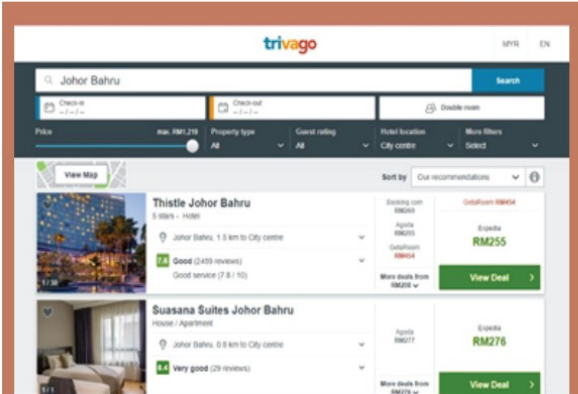
## 3 TRIP ADVISOR

It is an American travel & restaurant website company that shows hotel and restaurant reviews, accommodation bookings and other travel related content. It also includes interactive travel forums. TripAdvisor was an early adopter of user-generated content.

By installing these useful apps to your handphone, everything is under one roof -- Travel applications provide you all helps that your travel needs, such as location details, ticket booking cost, restaurant details, ticket booking facility, facility to book accommodation, taxi, and explore local experiences. Tourists can also decide when to visit this location, with the updates provided on weather.



A mobile app can carry all tickets in it, including hotel reservation ticket, flight or train tickets, and other important documents pertained to travel. It can save their time, and guide 24/7. Travel app helps better plan trip. Travel customer can get the know-how of the destination through a simple Google search integrated into the app. In a Google survey, 66% of the respondents stated that they watch the videos of the destination before landing there.



## 4 TRIVAGO

Trivago N.V. compare hotel prices for the best deals at cheap prices. It also save time and money on your hotel search with millions of reviews and photos. This company specializing in internet-related services and products in the hotel, lodging and meta search fields.

# FAMOUS

# Traveller



YASMIN REDZUAN | INFLUENCER



“Travelling is my passion, it is like a therapy -- to release my stress and make me smile again”

Yasmin always thought that travelling around the world is hard but it will become easier with effort and eager to learn new things. It taked time and what you captured by your eyes are priceless & will bear in your mind forever.



WOMAN CAN  
TRAVEL SOLO  
A FREEDOM  
FOR EVERYONE

## BIODATA

NAME -

Sarah Yasmin  
Binti Abdul Redzuan

AGE - 24 years old

INSTAGRAM -

@princessmeenie

YOUTUBE -

Yasmin Redzuan



The definition of traveller is a person who is making a journey or a person who travels a lot. Yasmin had go to many countries across the world to gain more experience and knowledge. To her, if we want something then we need to figure the ways out. She had collect tons of money by doing extra works eventhough she is still a student. By doing sponsorship, paid review on her instagram, she grabbed all opportunities to gain income in order to catch her dream in travelling.

Based on Yasmin's opinion, *"No matter what type of traveler you are, cultural immersion, adventure, and lots of amazing stories are definite perks of having the right attitude on the road. If you are open to seeing new places, meeting new people, eating new foods, and experiencing new adventures, then no matter what your style is, you're a Traveller."*

Writer: Alin Samad | Editor: Kim Hyun Joong

### 1) COME UP WITH PLAN

Travelling spontaneously is great, if you have the luxury of time and money to spare. But if you're travelling on a budget, the first thing to do is come up with a plan. You don't have need a tight, hour-by-hour itinerary, but you should at least have an idea of how long you'll be spending in each city or country, and know the route that your epic adventure will take. Leaving less to chance means less unexpected spends; last-minute



### 2) TRAVEL OUT OF SEASON

Avoid trips during the school holidays, this is when the travel industry hikes up prices to take advantage of families who can only travel during these weeks. Research the best time to visit your intended destination, and then travel just before or after these dates. This is called the 'shoulder season', where you'll still have a great trip but maybe the sun won't shine quite as brightly (and, on the plus side, it won't be quite as hot.) Hotels and airlines lower their prices to attract customers during this time.

**IMPORTANT !!**

# TIPS & TRICKS

"EXPLORING EXOTIC PLACES DOESN'T HAVE TO COST A FORTUNE AND YOU CERTAINLY DON'T NEED TO WIN THE LOTTERY TO TRAVEL THE WORLD - NOT IF YOU KNOW HOW TO WATCH YOUR PENNIES." THE WRITER OF TRAVELLING DIARY 2019

# Budget travel

Writer : Nurul Ain





### 3) DON'T EAT AWAY YOUR CASH

Cheap lunches can be bought in a supermarket or even a local fresh food market, rather than in an overpriced cafe or restaurant. Aim to wander around before choosing a place to eat dinner too; if you just pick the first restaurant you see you won't know if you're overspending. Eating fancy food with every dinner soon adds up the cost that comes your wallet. Alternatively, hostels and spare rooms often let you have access to a kitchen if you want to save a little money by cooking for yourself.

*Go as far as you can.  
Enjoy the beautiful  
scenery that God has  
given to us.  
It is for everyone.*

### 4) EARN WHILE YOU TRAVEL

Working holidays are a brilliant way to afford to spend several months of the year (or more) living the travel dream: Teach skiing on a winter season, take care of holidaymakers travelling to the Mediterranean in the summer, or earn by teaching a language in Thailand; you could even freelance while traveling if you're able to work "on the go". The opportunities are literally endless.

### 6) PACK PROPERLY

Make sure you bring everything you need so that you don't have to shop while you're away (apart from a few souvenirs). No matter where you're heading, take at least one pair of long jeans, warm hoodie and waterproof jacket for unpredictable weather incidents. For some in-depth advice, check out our 'Travel like a pro' guide to packing for every kind of trip.

### 5) BE SMART ABOUT HOW YOU FLY

Opt to travel on a Tuesday. Midweek travel prices are lower as a premium is added to weekend flights and you'll breeze through shorter queues at airport check-in desks and security. Fly economy too – there's no need to upgrade, no matter how nice Business Class looks. The money you save on cheap seats can be spent on food or accommodation when you arrive. Low-cost, budget airlines are fine for short flights and regularly have cheap deals. If you're planning a weekend trip try to pack light and use only hand luggage, saving yourself a bit of money on hold luggage.

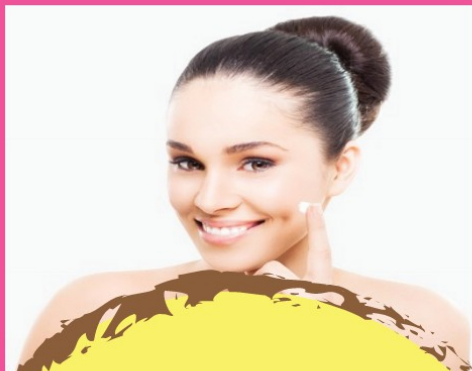
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# Beauty Essentials

## FOR MEN & WOMEN

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“Being away from home is no excuse to let your appearance guard down, whether it’s a weekend out of town or a flight overseas. Don’t forget to pack these travel products, because when you



look your best, you feel your best.”  
“Makeup and skincare can be a bit of a challenge while traveling – especially when traveling light (all these products get so heavy!). In this guide, we’ll cover our favorite beauty essentials

Writer: Sofiya | Editor: Melissa

## FOR MEN

- 1) Cleanser
- 2) Moisturizer
- 3) Lip Balm
- 4) The All-In One

Keeping your travel itinerary organized is one thing, yet getting you and all of your belongings there is another feat. Minimize the stress when it comes to your grooming essentials and forgo the Ziploc bag and take it up a notch with the TOOLETRIES KOBY Bag. This sleek charcoal dopp kit is the perfect accompaniment to your travel essentials and is sure to ease any fears of spilt toiletries in your luggage.



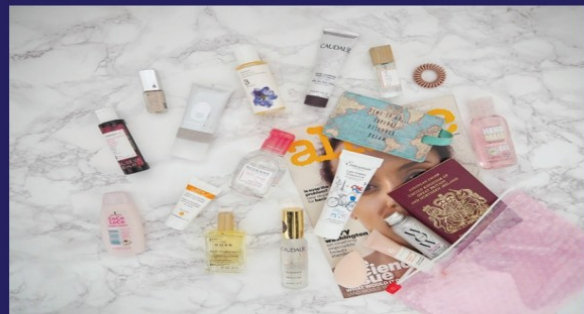
When traveling around, you want a simple, no-frills-kind skin care routine, and with our Clear Skin Kit, you'll have just that. All products in this kit are the perfect size to conveniently throw into your carry-on, as our Detox Mask is dehydrated (powder form), and our Clear Skin Cleanser and Moisturizer are both under the 3.4oz legal limit for liquids within carry-on luggage.

The air on the plane, as well as certain locations you travel through, may be substantially drier than what you are accustomed to back home; for this reason, extra moisture will most likely be required by your skin, and our Ocean Mineral Moisturizer will ensure your skin gets the hydration it craves.

Extra tip: be sure to drink loads of water, and stick to healthy snacks so that you can enjoy glowing, clear skin no matter where your adventures take you!



*Travel Beauty Kits. You'll need a toiletry bag. Try to get one with a hook so you can hang it up. That hook will come in handy as many bathrooms you encounter will have very limited sink space.*



## FOR WOMEN

### MAKE UP

- 1) A nice face sunscreen
- 2) A good moisturizer
- 3) Lip balm
- 4) A blush/lip multi-tasker
- 5) A good concealer

### SKINCARE

- 1) Cleanser & Makeup remover
- 2) Travel beauty-face washer
- 3) Moisturizer
- 4) Eye cream

# The World's 10 Best Places To Vacation On A Budget

*“While some of these destinations may be expensive to visit, travelers’ money will go farther there compared to similar destinations, or than it may have in previous years.”*



*East Nusa Tenggara, Indonesia*

*Azerbaijan*

*Budapest, Hungary*

*Zanzibar, Tanzania*

*Buffalo, New York*

*Serbia*

*Tunisia*

*Madhya Pradesh, India*

*Cape Winelands,  
South Africa*

*Athens, Greece*



## *Budapest , Hungry*

Elegant, sophisticated capital city of Eurepean Union member Hungry.

“Of all the grandes dames of Central Europe, BUDAPEST is the one of the most rewarding on our pocket , while serving up highlights memorable enough to rank high on continentalexplorers ‘lists of big - hitters.’

## *East Nusa Tenggara, Indonesia*

The southernmost province of Indonesia, consisting of 500 islands in the indian Ocean.

“These Indonesia islands offers idylic beaches and wide - open explorationfor less than our think.



## *Madhya Pradesh, India*

There’s wildlife spotting with a difference in this state of India.

In Madhya Pradesh wildlife reserves, including Bandhavgarh Tiger Reserve and Pench National Park.

# Affordable Food - hunting Restaurants & Stalls

Food in Kuala Lumpur may be pricey, but walk down few more corners and we will find a restaurant or stall that fit our budget. These some places are affordable for food - hunting! And good news is, they are only a small fraction of the delicious, cheap meal options available in Kuala Lumpur.



Writer by: Ayu Nabillah



## The Straits Food Company

Nestled in a cozy corner of Bangsar. The Straits Food Company ensures a casual dining experience featuring authentic homemade Peranakan cuisine.

**ADDRESS:** 2, Jalan Abdullah, Bangsar Utama  
59000 Kuala Lumpur.

**OPENING HOURS:** 10 Morning until 10 Night  
(daily)

## The Gangsa Cafe

The Gangsa Cafe serves authentic Gujarati food that is spicy and mouth-watering, perfect for those desiring delicious vegetarian Indian food.

**ADDRESS:** 19 Lorong Kurau, Taman Pertama  
Kuala Lumpur.

**OPENING HOURS:** Monday - Saturday  
8.30 Morning until 9.30 Night  
Sunday  
11.00 Morning until 3.00 Evening



## Tous Les Jours Bakery



Tous Les Jours has four outlets in and around Kuala Lumpur. We will be able to find various puffs, pastries, buns and sandwiches that cost about RM 3 to RM 5 only.

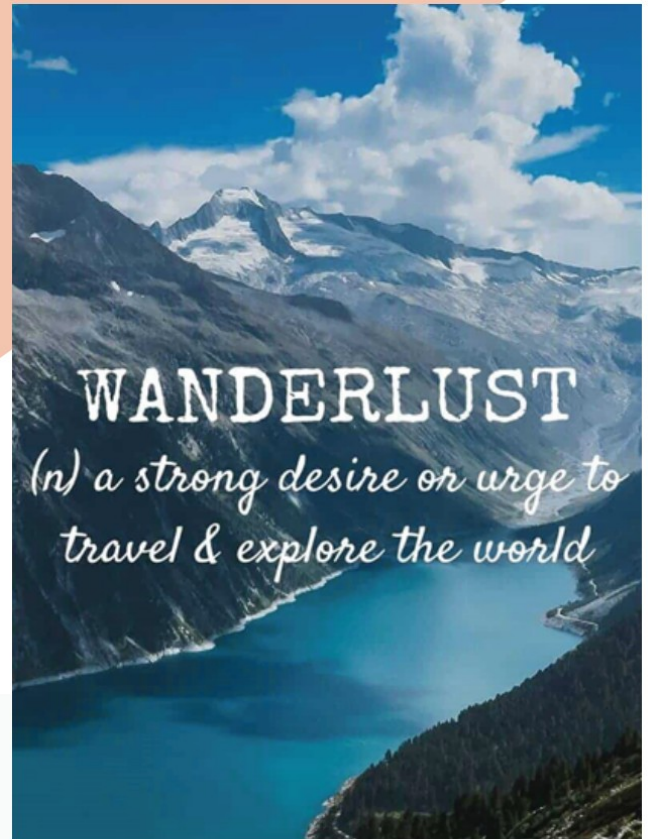
**ADDRESS:** No 1, Jalan Kamunting, 50300 Kuala Lumpur

**OPENING HOURS:** Tuesday until Sunday  
7.30 Morning until 4.30 Evening

# WANDERLUST TRAVEL QUOTES

"A mind that is stretched by a new experience can never go back to its old dimensions."

- Oliver Wendell Holmes.



“ All journeys have secret destinations of which the traveller is unaware. ”

- Martin Buber



"Once in a while it really hits people that they don't have to experience the world in the way they have been told to"

- Alan Keightley





“Remember that happiness is a way of travel”  
- Roy M. Goodman

*We travel not to escape life*



*but for life not to escape us*

“Stop worrying about the potholes in the road and enjoy the trip”  
- Babs Hoffman



# 2019

DRUM  
DOWN

50%



Your Amazing  
Holiday

Aliquam condimentum vehicula risus sit amet eleifend. Maecenas vitae semper tortor, quis dictum metus. Nulla mi justo, fringilla quis tincidunt quis, euismod non nisl. Vestibulum in dui id magna tincidunt porta.

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Writer by: Hani Shamila

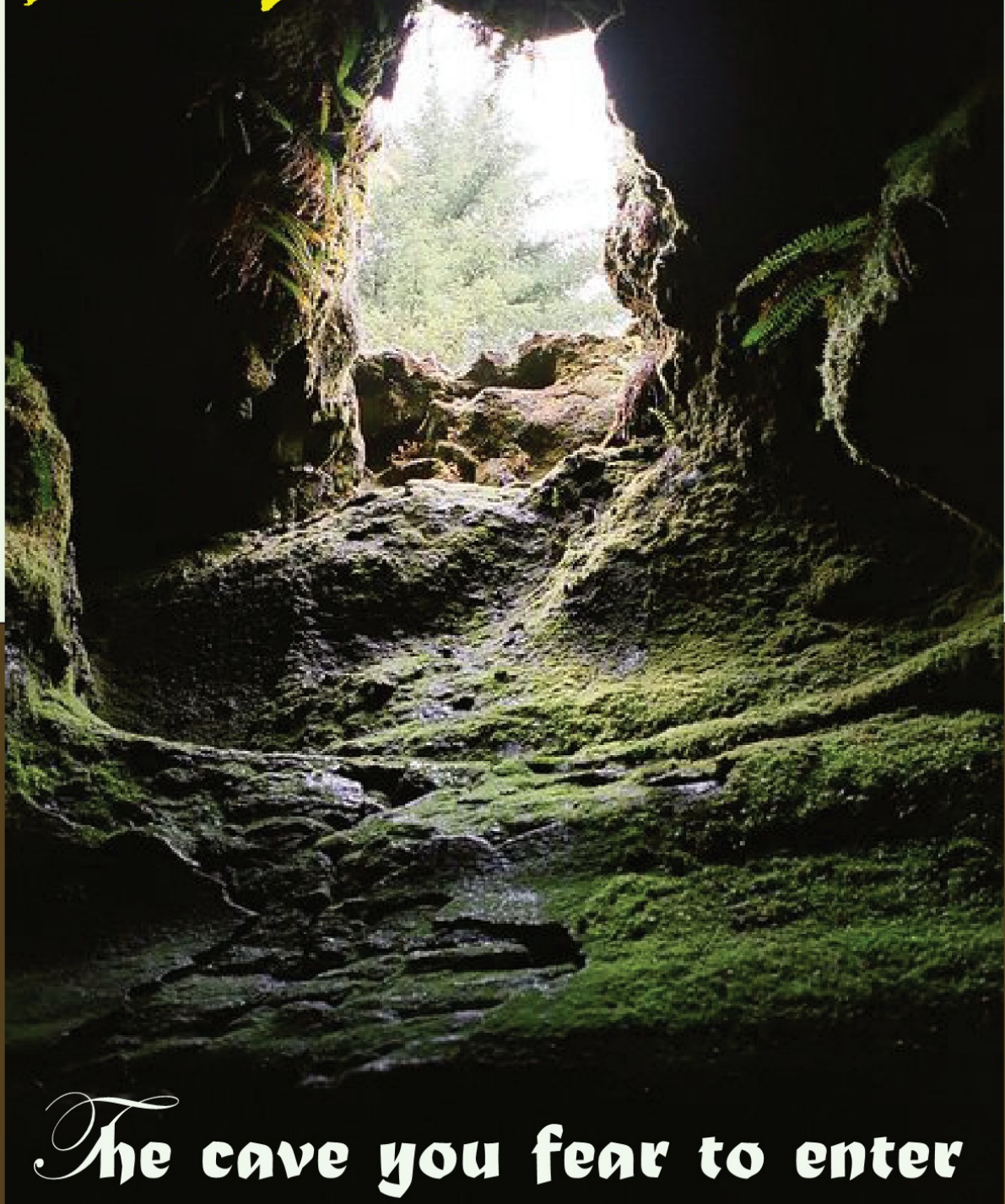


# Mataking Island

*Mataking Island consists two islands, Mataking Besar and Mataking Kecil. Mataking is located to the southeast of Sabah, close to the Philippine border. It is the ultimate destination for honeymooners. You can even have your own wedding there. The only resort on the island is located at Mataking Besar. You can walk around the whole island about an hour as it is only 3 km by 1.5 km. During low tide, you can even walk from the big island to the small island.*

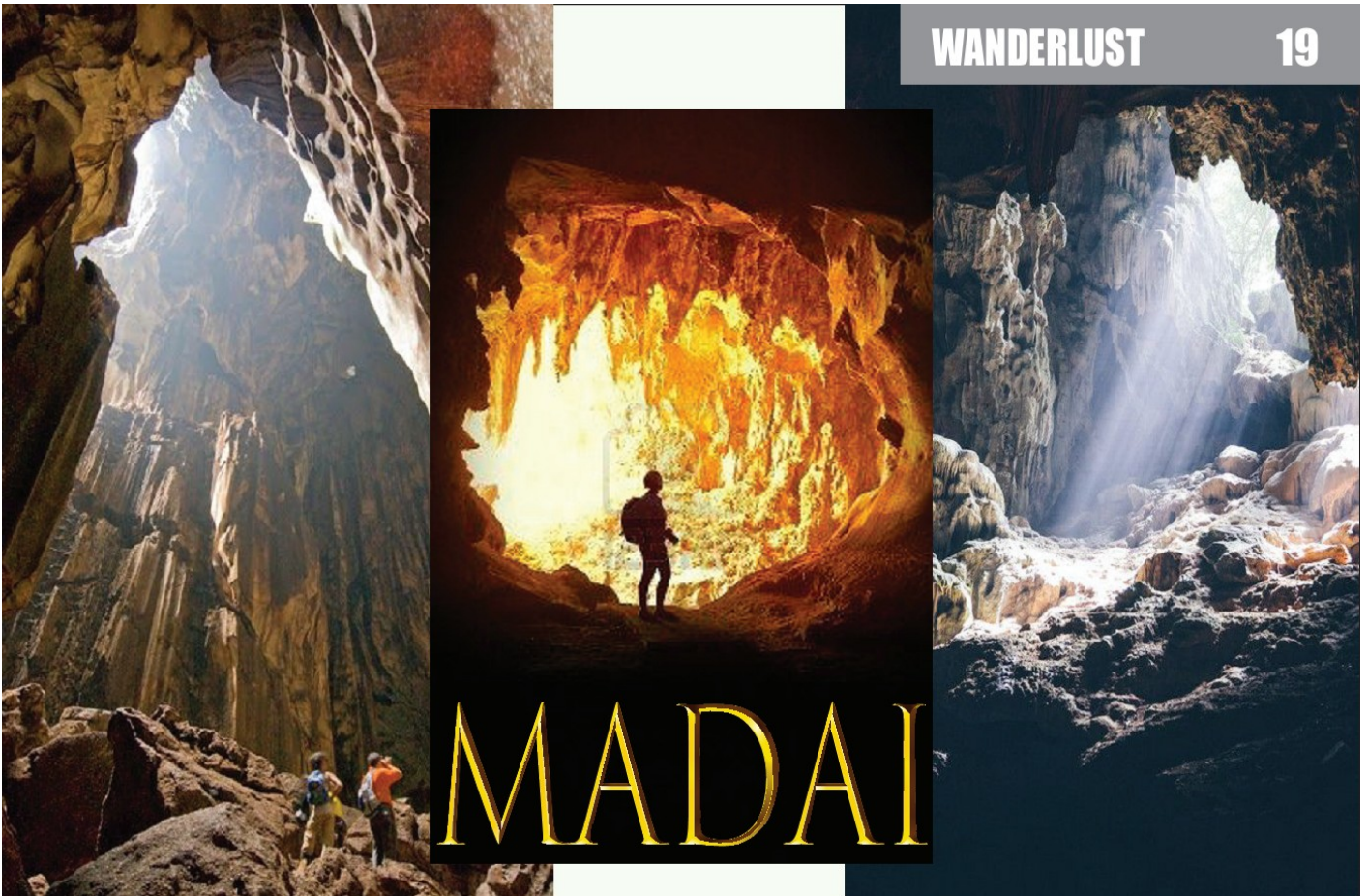
*The whole island is surrounded by house reefs, where you can easily do some fun snorkeling. From May to August, you may be lucky enough to spot Green turtles and Hawksbill turtles laying their eggs on the beaches. There's a dive school that offers great dives at numerous nice sites in the area, mainly around Mataking itself and around neighboring islands like Pandanan, Bohayan, Buhai Dulang, Kelapuan, Timba-Timba and Pom Pom.*

# MADAI



*Madai & Baturong Caves*

*The cave you fear to enter  
holds the treasure you seek.*



Writer by: Alin Samad

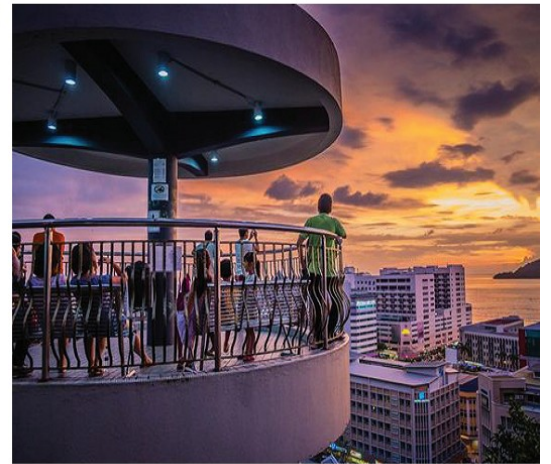
*Madai is also one of the most important archaeological sites where traces of human existence and inhabitation can be traced from over 15,000 years ago. These traces of human were found preserved in layers and layers of bat droppings which are found in abundance inside the caves. There are village houses right outside the caves which offers place to stay especially during the harvest period when people throng to the caves for their share of the bird nests.*

About 16 kilometers from Madai is Baturong. This is another huge limestone massif of archaeological importance. Baturong was once part of the Tingkayu Lake which was washed away a few thousands of years ago around 15,000 BC. The Baturong Caves were believed to be inhabited for over 5000 years until they were abandoned around 10,000 BC. However, they were again inhabited together with the Madai Caves till the end of the Paleolithic Age. Though Madai Caves can be easily accessed, the same cannot be said for Baturong. Baturong can only be reached by a one-hour drive and another hour of walking through the palm oil plantations. Sabah is a fantastic place to visit. The abundance of picturesque views and scenic landscapes will definitely make you want to stay here as long as you can.



## Signal Hill Observatory Platform

Signal Hill Observatory Platform is a pair of watchtowers situated on a hill overlooking Kota Kinabalu City at east, accessible by road from Padang Merdeka or steps from Australia Place opposite Gaya Street. A popular tourist attraction, the grand view granted by these platforms includes KK's famous skyline, open sea and islands of Tunku Abdul Rahman Marine Park, and west to east of the city until Jesselton Point.



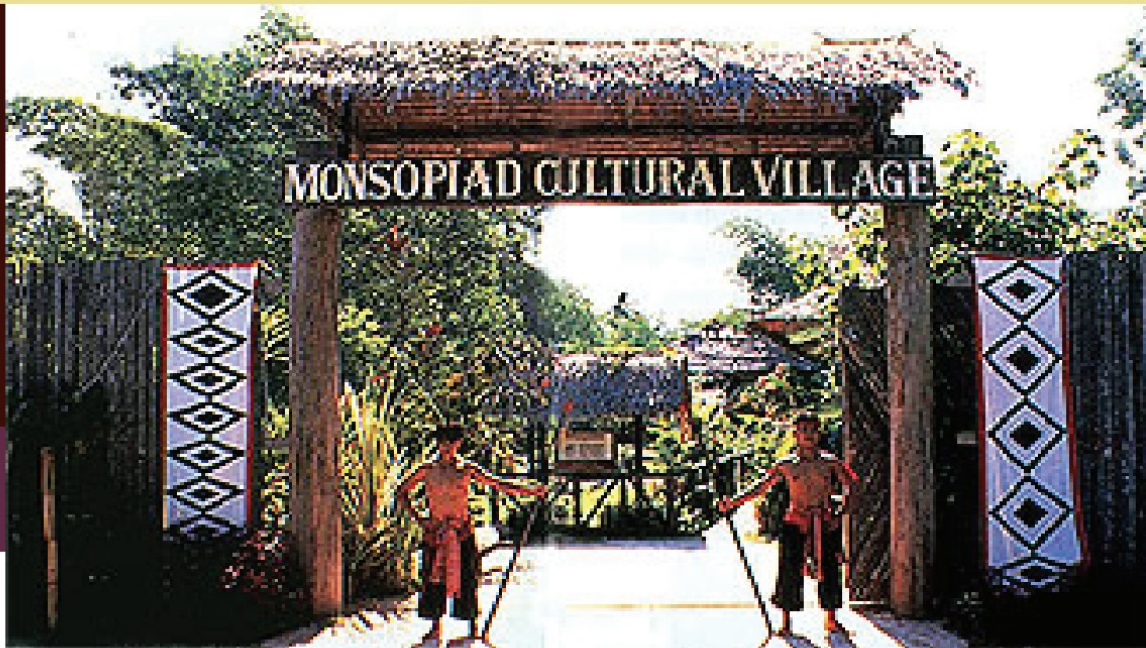


*Monsopiad  
Cultural  
Village*





***“ Nestled besides the Penampang River are the many traditional buildings that make up the Monsopiad Cultural village, a living museum located 16 km or about half an hour away from the KK City Centre. Monsopiad was a fearsome warrior who lived in the village of Kuai nearly 200 years ago. ”***



At the Village, visit the Tangkob or Grainery where the padi is housed. Kotos Di Monsopiad or Monsopiad's Main House is dedicated to the life and times of Monsopiad and his descendants. On display are ceramic jars, padi grinders, bamboo items as well as the costume of Bobohizan Inai Bianti, direct descendant of Monsopiad and very senior high priestess.

Other interesting exhibits include the massive monolith which invokes a dozen legends, the traditional restaurant and of course Siou Do Mohoing, or the House of Skulls, where all 42 'trophies' of Monsopiad hang from the rafters.

Writer by: Syafiqah

# DANAU VALLEY CONSERVATION AREA

*Danum Valley Conservation Area is a 438 square kilometres tract of relatively undisturbed lowland dipterocarp forest in Sabah, Malaysia. It has an extensive diversity of tropical flora and fauna, including such species as the rare East Sumatran rhinoceros, Bornean orangutans, gibbons, mousedeer, clouded leopards and over 270 bird species. Activities offered are jungle treks, river swimming, bird watching, night jungle tours and excursions to nearby logging sites and timber mills.*

***“ Catch one of the best sunrises in Borneo from the top of Bukit Atur, and sleep in a stretcher hammock by the base of a waterfall. ”***

*The area holds unique status in the sense that before it became a conservation area there were no human settlements within the area, meaning that hunting, logging and other human interference was non-existent making the area almost unique. It is managed by Yayasan Sabah for conservation, research, education, and habitat restoration training purposes. There have been proposals to nominate the site as a UNESCO World Heritage Site.*

*Lose yourself in a pristine rainforest on an early morning canopy walk and look for orangutans, red-leaf langurs, gibbons and hornbills flying overhead. Uncover a whole new layer to the jungle while out on a night hike, have a stare-off with a western tarsier and search for the elusive clouded leopard.*



**PRINCE WILLIAM AND KATE MIDDLETON  
EXPLORE THE RAINFOREST IN MALAYSIA'S  
DANUM VALLEY CONSERVATION AREA**

Writer by: Razi Khairul



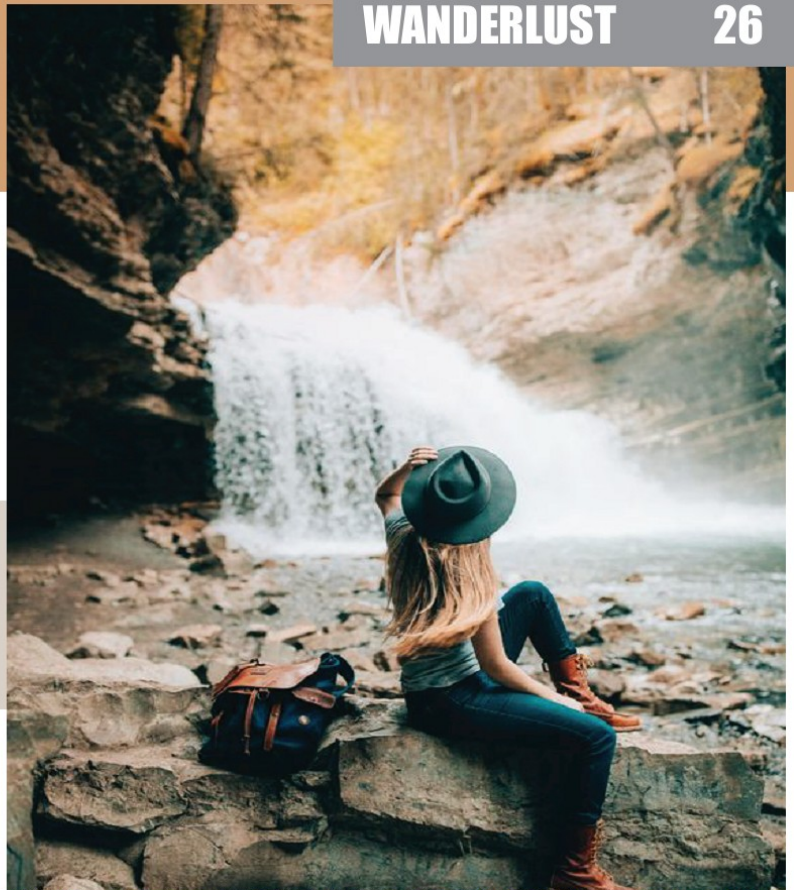
# YOU MUST TRAVEL!

## & REASONS WHY

Writer by: Nur Hannah

*Taking a break from the daily hustle and bustle is essential for your mind to relax, recharge and rejuvenate.*

*“The stress of work and daily demands can distract us from what we find to be actually meaningful and interesting,”*



Traveling promotes happiness and helps you take your mind off stressful situations. This leads to lower cortisol levels, making you feel more calm and content. According to a 2019 study, more than 80% of people, who were surveyed, noticed significant drops in stress just after a day or two of travelling.

# STRESS BUSTER

# REINVENT YOURSELF

**“A long stretch of road can teach you more about yourself than a hundred years of quiet”**



*Experiential traveling, particularly to a foreign country, can help you re-evaluate and reinvent your life.*


*Moreover, the valuable lessons that you learn along the way broaden your perspective, making you more aware and open to new things.*

*Exploring new places can also give you a fresh start if you're recovering from a major transition in your life.*


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## UPLIFT ENJOYMENT AND CONTENTMENT




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*Traveling gives you the opportunity to step away from the daily grind. The new events and experiences help rewire your brain, hence boosting your mood and self-confidence.*



*The anticipation of a trip can increase your happiness substantially, even more than the anticipation of acquiring something tangible, like a new car.*



*“I think people, in general, are not meant to be tied down to just one place their entire lives. I especially feel “trapped” when I have to stay in the same place for too much time, without being able to really move about and explore”*



*Going and living somewhere where you feel excited and intimidated at the same time can help you toughen up mentally and emotionally.*

*It can also help you deal with larger issues in life with more grace and patience*

## DEVELOP MENTAL RESILIENCE

---

*Facing difficulties in an unfamiliar environment, among new people, forces you to learn and adapt to a life that's out of your comfort zone.*





# *Travelling with infant*

**1. Book the right airplane seats**

**2. Pack properly for the flight**

**3. Bring some baby entertainment**

**4. Prepare for foreign food**

**5. Bring the right baby stroller**

**6. Do not forget a car seat**

**7. Get the right hotel room**

**8. Get your child vaccinations**

